



## Accessibility Guide for The Real Food Cafe

We have devised a 'Welcome Disabled' Policy for our team to work in tandem with this Accessibility Guide with the aim of making the café a destination of choice for people with disabilities.

We aim to do this by educating and pre preparing our team in how to make disabled people feel welcome, safe and comfortable. We will ensure that our team are ready and able to do their best to help meet the individual needs of disabled customers so that they have a great experience at The Real Food Café.

[info@therealfoodcafe.com](mailto:info@therealfoodcafe.com), 01838 400 235 , <http://www.therealfoodcafe.com/>



## Welcome

The Real Food Café is a friendly roadside diner with a difference; serving breakfast, lunch and dinner to local residents and visitors to the West Highland Way.

We serve a wide variety of high quality fast food, from chip shop classics, like our award-winning gluten free fish & chips, to home-made soups and home baking, like our Great Taste Award winning scones and gluten free chocolate fudge cake.

Open from 7:30am every day, we're family friendly and welcome dogs both outdoors and inside the restaurant. We are equipped with bike racks and an EV rapid car charger for our travelling guests.

## At a Glance

### Level Access

- The main entrance has level access with a ramp. The ramp is permanent.
- There is level access from the main entrance to:
  - Dining Table
  - Real Food Cafe toilet

### General

- There is at least 1 public toilet for disabled visitors.

## Getting here

The Real Food Cafe  
Tyndrum  
Perthshire  
FK20 8RY

### Travel by public transport

- You can get to The Real Food Cafe by bus and train.
- Nearest bus stop is situated south on the A82, about a 1 minute walk away (0.2km) for buses going north and 4 minutes walk (0.5km) for buses going south. The bus stop is 0.08 miles / 132.2 km from The Real Food Cafe .
- The nearest train station is Tyndrum Lower. The train station is 0.3 miles / 0.5 km from The Real Food Cafe .

- The Tyndrum Lower train station is 0.4km from The Real Food Cafe. Tyndrum Upper Station is 0.8km away up a steep hill.
- You can get a taxi with 247 Cars by calling 01838 207211.

### Parking

- We have a car park. There are accessible parking spaces. The parking is less than 50 metres from the main entrance. Parking is free.
- There is a drop-off point at the main entrance. The drop-off point has a dropped kerb.
- From the car park to the entrance, there is level access. There is a permanent ramp.
- The route is 1600mm wide, or more.
- We have a transport service, to take visitors from the car park to the main entrance. Our transport service is wheelchair accessible.



The Real Food Cafe accessibility parking and ramp

## Arrival

### Path to main entrance

- From the street to the main entrance, there is level access.
- There is a permanent ramp.

### Main entrance

- The main entrance has level access.
- There is a permanent ramp.
- The main door is side hung and manual.
- The door is 770mm wide.

## Getting around inside

### Public toilet

#### Real Food Cafe toilet

- There is a public toilet for disabled visitors.
- From the main entrance to the public toilet, there is level access. The toilets have handrails.

### Place to eat and drink

- From the main entrance to the dining area, there is level access. To get to a table, there are no steps.
- If you need table service, staff can help you.
- The route through the dining area is 800mm wide, or more.
- There is no background music.
- The table and plates have high colour contrast.
- We cater for vegetarian, gluten free (celiacs) and vegan specific diets.

## Customer care support

### Accessibility equipment

- We have an area to charge mobility scooters and battery powered wheelchairs.
- Sockets provided under seating in dining area

### Emergency evacuation procedures

- We have emergency evacuation procedures for disabled visitors.
- We have other services for people with accessibility requirements.
- Bookings  
Whilst we don't normally take bookings we can take bookings for customers with accessibility requirements.  
We will do our best to accommodate pre-arranged bookings and will hold the reservation for up to 15 minutes. To book email [info@therealfoodcafe.com](mailto:info@therealfoodcafe.com) or call 01838 400235 or send a private Facebook message to the café.